

ACADEMIC ROADMAP

Dietetics, BS / MS

Fall 2022

Freshman Year (29 credits)

FIRST SEMESTER

Course Title	Catalog Number	Prerequisite(s)
Introduction to Psychology	PSY 101	
Introduction to Food Preparation	NFS 100	
Fundamentals of Chemistry (IF-NS)	CHE 111	Math SAT >480 or HS GPA >83%
Fundamentals of Chemistry Lab	CHE 113	Corequisite: CHE 111
IF-Civilizations		

Notes: If

SECOND SEMESTER

Course Title	Catalog Number	Prerequisite(s)
Principles of Biology	BIO 100	
Introduction to Nutrition (IF-NS)	NFS 102	
Fundamentals of Chemistry II	CHE 112	CHE 111 and CHE 114
Fundamentals of Chemistry Lab	CHE 114	CHE 111, CHE 113, Coreq: CHE112
College Writing	CWP 102	CWP 101
IF – Civilizations		

Notes and recommendations:

Attend at least one faculty office hour each semester; visit Academic Commons (Math & Writing Centers, tutoring); view your degree audit sheet in Degree Works. Global Engagement – First year students should be advised to register for Basic Writing and Global Engagement if these requirements were not satisfied through high school. If SAT or HS requirement is not met for CHE111, register for MAT 114 and earn a C or better; if < C, register for CHE 110. Some IF courses may fulfill two IF requirements.

Sophomore Year (59 credits)

THIRD SEMESTER

Course Title	Catalog Number	Prerequisite(s)
Introduction to the Diet Profession	NFS 230	
Applied Food Chemistry	NFS 200	NFS 100, NFS 102, CHE 112
Principles of Organic Chemistry	CHE 321	CHE 112/114
Human Anatomy and Physiology	BIO 308	BIO 100
Human Anatomy and Physiology Lab	BIO 309	BIO 100
IF – Civilizations		

FOURTH SEMESTER

Course Title	Catalog Number	Prerequisite(s)
Advanced Nutrition	NFS 302	NFS 102, CHE 112, CHE 321, BIO 308 or BIO 311 and Bio 312.
Life Cycle/Community Nutrition I	NFS 315	NFS 102
Biological Chemistry	CHE 322	CHE 202 or CHE 321
Applied Management in Dietetics II	NFS 211	
IF – Humanities/Diversity		

Notes and recommendations:

Form a study group; consider enrolling in a minor or certificate program

Junior Year (90 credits)

FIFTH SEMESTER

Course Title	Catalog Number	Prerequisite(s)
Applied Management in Dietetics III	NFS 311	NFS 211
Life Cycle/Community Nutrition II	NFS 316	NFS 315
Medical Nutrition Therapy I	NFS 401	NFS 302, CHE 322, BIO 308, BIO 309
Nutrition Care A	NFS 445	NFS 302, NFS 315
Microbiology	BIO 355	BIO 100 or BIO 111

SIXTH SEMESTER

Course Title	Catalog Number	Prerequisite(s)
Principles of Nutrition Education	NFS 405	NFS 316, NFS 401
Integrative and Functional Nutrition	NFS 330	NFS 102
Medical Nutrition Therapy II	NFS 402	NFS 401, Corequisite: NFS 446
Nutrition Care B	NFS 446	NFS 445, Corequisite: NFS 402
Introduction to Probability/Statistics	MAT 311	
IF – Arts		

Notes and recommendations:

Visit the Career Development Center; talk to your faculty advisor about the MS Dietetics.

Summer Session

Course Title	Catalog Number	Prerequisite(s)
Exp Food Service Systems Health Care	NFS 471	NFS 311
Project Mgmt for Math and Science	PSM 601	

Senior Year (123 credits)

SEVENTH SEMESTER

Course Title	Catalog Number	Prerequisite(s)
Medical Nutrition Therapy III	NFS 403	NFS 402, Corequisite: NFS 447
Introduction to Nutrition Research	NFS 430	NFS 402, MAT 311 or ECO305
Nutrition Care C	NFS 447	NFS 446, Corequisite NFS 403
Current Trends in Nutrition (GRAD)	NFS 605	NFS 102

EIGHTH SEMESTER

Course Title	Catalog Number	Prerequisite(s)
Nutrition Care D	NFS 448	NFS 403, NFS 447
Nutrition Care E	NFS 449	NFS 447
Epidemiology	HEW 605	
Methods in Nutrition Res	NFS 689	NFS 430

Notes and recommendations:

Apply for graduation; apply to graduate school, if applicable; visit the Career Development Center to have your resume reviewed

Graduate Year (18 credits)**Graduate Year – Ninth Semester**

Course Title	Catalog Number	Prerequisite(s)
Exp Learning in Weight Management & Diabetes	NFS 607	NFS 403
Exp Learning in Adv Medical Diet	NFS 609	NFS 403, NFS 430
Elective (Statistics Recommended)		

Graduate Year – Tenth Semester

Course Title	Catalog Number	Prerequisite(s)
Nutrition Counselling	NFS 612	NFS 403, NFS 405
Master's Project	NFS 690	Instructor permission
Elective - Graduate Practicum in Dietetics	NFS 550	NFS 448

Total Graduate Credits - 30