

**ACADEMIC ROADMAP
B.S. IN HEALTH AND WELLNESS**

	Fall Semester (15 credits)	Spring Semester (15 credits)
Freshman Year	<input type="checkbox"/> HEW 204 <i>or</i> HEW 225 <input type="checkbox"/> CWP 101: Basic Writing Intellectual Foundations* (Some suggested courses) <input type="checkbox"/> Mathematics/Quantitative Reasoning <input type="checkbox"/> Humanities <input type="checkbox"/> Global engagement	<input type="checkbox"/> HEW 225 <i>or</i> HEW204 <input type="checkbox"/> CWP 102: Basic Writing <input type="checkbox"/> BIO 100 <i>or</i> BIO 101: Natural Science Intellectual Foundations* (Some suggested courses) <input type="checkbox"/> Social Science <input type="checkbox"/> American History

	Fall Semester (15 credits)	Spring Semester (15 credits)
Sophomore Year	<input type="checkbox"/> HEW 279 <input type="checkbox"/> HEW 305 Intellectual Foundations* (Some suggested courses) <input type="checkbox"/> Arts <input type="checkbox"/> Non-Western Civilization	<input type="checkbox"/> HEW 302 <input type="checkbox"/> HEW 310 Intellectual Foundations* (Some suggested courses) <input type="checkbox"/> Diversity <input type="checkbox"/> Western Civilization

	Fall Semester (15 credits)	Spring Semester (15 credits)
Junior Year	<input type="checkbox"/> HEW 307 <input type="checkbox"/> HEW 312W	<input type="checkbox"/> HEW 401 <input type="checkbox"/> HEW elective

	Fall Semester (15 credits)	Spring Semester (15 credits)
Senior Year	<input type="checkbox"/> HEW 412 <input type="checkbox"/> HEW 411W	<input type="checkbox"/> HEW elective <input type="checkbox"/> HEW elective or <input type="checkbox"/> HEW 488 (6 credits)

*See the Intellectual Foundations Website for policy clarifications